## **PROFESSIONAL QUALIFICATIONS':**

Bachelor of Science (Honours) General Nursing. Trinity College Dublin. 2003-2007.

Emergency Medical Technician. Pre-Hospital Emergency Care Counsel. 2011-present.

Post- Graduate Higher Diploma in Intensive Care Nursing. Trinity College Dublin. 2011-2012.

Masters in Critical Care Nursing. Trinity College Dublin.2012-Present.

Registered General Nurse. An Bord Altranais. 2007-present.

Acute Life Treating Event Recognition and Treatment course trainer/assessor. St. James Hospital Dublin in association with the University of Portsmouth.

Advanced Cardiac Life Support. American Heart Association.

## **CURRENT EMPLOYMENT:**

I am a registered nurse working within the Intensive Care Unit of St. James Hospital Dublin.

## OTHER RELEVANT EXPERIENCE:

During 2012 I helped to provide training and education at a local level for members of the fire service competing in the Rescue Organisation Ireland trauma and extraction challenges. This team won the event and went on to represent Ireland in the World Rescue Organisation trauma and extraction challenge.

I am an active volunteer within the Civil Defence and have gained extensive experience in prehospital care as a result.

I have also extensive clinical experience within a busy and often challenging critical care environment. I actively participate in research and audit within this environment also.

## **PERSONAL STATEMENT:**

Personally I consider myself to be quite open-minded which has helped me to develop and grow many interpersonal relationships in my capacity as an EMT. I enjoy problem solving and would consider myself a strong team player. I have always recognised the need for continuous learning and development. In this regard I recognise the relationship between achieving quality by promoting best practice. This is a dynamic process that often requires change. Throughout my career I have always aimed to keep up to date with new developments in research, technology and pharmaceuticals' which has helped me champion and implement many new and positive changes. I have always been open to learning new skills and quickly adjust to new challenges. As a result I am always open to sharing my own skills and experiences in conjunction with learning, participating and supporting others. If elected to the committee I anticipate that my core skills and values can benefit in maintaining, reviewing and monitoring the standards of excellence for the delivery of quality prehospital emergency care for the people of Ireland. Thank you.