

## CFR Community Assessment Sheet

Course location		Assessment date	
Student name			

Adult or Child BLS – CFR community		Yes (Tick✓)
1	Checks if the scene is safe	
2	Checks whether the patient is responsive	
3	Opens the patient's airway	
4	Checks for breathing (no more than 10 seconds)	
5	Calls out for help/call 112 or 999/ request AED (as appropriate)	
6	Gives 30 chest compressions	
7	Delivers compressions to the correct depth	
8	Delivers compressions at the correct rate	
9	Puts hands in the correct position	
10	Delivers two rescue breaths	
11	Continues cycles of 30 compressions to 2 rescue breaths until AED arrives	
12	Turns on the AED	
13	Clears the patient's chest	
14	Puts the left AED pad on the patient's chest in the correct position	
15	Puts the right AED pad on the patient's chest in the correct position	
16	Ensures operator/bystander safety throughout AED use	
17	Delivers the shock when indicated by the AED	
18	Immediately restarts CPR	
19	Continues cycles of 30 compressions to 2 breaths	
20	Minimal interruptions in compressions	

**Instructor notes:** Place a ✓ in the box for each step completed successfully. If required, make notes below and provide remediation advice

Instructor name	
Instructor signature	