



**First Aid Responder (FAR)
Skills Assessment Sheets
2017**

Assessment Name: Haemorrhage control

Level: FAR

Current Version: V-2 2017

Pre-Hospital
Emergency Care
Council



Candidate Name:

Assessment Date:

Haemorrhage control

1/0

Candidate is read an appropriate scenario

1	Apply direct pressure to wound	
2	Position patient appropriately	
3	Elevate extremity	
4	Examine wound	
5	Apply secure sterile dressing and bandage to wound	
6.	Call 999/112 (verbalise)	

Candidate is advised that wound is still bleeding


7.	Apply additional dressings	
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Candidate is advised that the patient is in shock

8	Position patient lying down	
9	Elevate legs	
10	Prevent heat loss	

Candidate is advised that the patient deteriorates further

11	Assess that dressing/bandages are controlling haemorrhage	
12	Good communication with patient throughout	

Assessment Name:	Patient assessment – Pulse, Respiratory Rate & FAST	
Level:	FAR	
Current Version:	V-2 2017	

Candidate Name:	Assessment Date:

<i>Physiological & FAST assessment</i>		1/0
Radial Pulse		
1	Locate the radial artery with at least two fingers	
2	Count pulsations aloud for at least 15 seconds	
3	Calculate and report rate (+/- 4 beats/min)	
4	Report quality (strength) and rhythm (regular/irregular)	
Carotid pulse		
5	Locate the carotid artery with at least two fingers	
6	Count pulsations aloud for at least 15 seconds	
7	Report quality (strength) and rhythm (regular/irregular)	
Respiratory rate		
8	Use a recognised technique to identify a respiratory cycle	
9	Count respiratory rate for at least 30 seconds	
10	State the minute rate appropriately +/-2	
11	State quality (normal/shallow/laboured/noisy etc.)	
AVPU		
12	Assess the AVPU scale on a simulated patient	
13	Correct category assigned	
FAST assessment		
14	Assess F element	
15	Assess A element	
16	Assess S element	
17	Identify T action required	

Assessment Name: Patient assessment – Medical/Cardiac

Level: FAR

Current Version: V-2 2017

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Candidate Name:


Assessment Date:

Patient assessment – Cardiac

1/0

Candidate is read an appropriate scenario

1	Assess responsiveness	
2	Establish patent airway	
3	Assess breathing	
4	Assess circulation	
Assess skin		
5	- Colour	
6	- Temperature	
7	- Condition	
8	Assess AVPU	
9	Call 999/112	
Candidate is advised – primary survey now completed		
10	Obtain SAMPLE history	
Instruction 'The patient states they have central chest pain'		
11	Assess baseline vital signs (verbalise)	
12	Assesses contra-indications for Aspirin administration	
13	State correct Aspirin dose	
14	Verbalise Aspirin administration to patient	
15	Monitor vital signs (verbalise)	
16	Good communication with patient	
17	Document administration of medication	

Assessment Name:	Musculoskeletal injuries	Pre-Hospital Emergency Care Council 
Level:	FAR	
Current Version:	V-2 2017	

Candidate Name:	Assessment Date:

<i>Musculoskeletal Injuries</i>		1/0
Scenario to be read to candidate regarding a fractured arm		
1	Take or verbalise standard precautions	
2	Inspect limb for painful swollen deformed extremity	
3	Verbalise the need to remove or cut clothing from limb	
4	Gently examine limb to locate fracture site	
5	Communicate plan to patient	
6	Provide manual stabilisation to limb	
7	Apply splint/sling to limb	
8	No excessive movement during treatment	
9	Ensure no movement of limb after splint/sling applied	
10	Verbalise the need for careful transport	

CFR Community Assessment Sheet

Course location		Assessment date	
Student name			

Adult or Child BLS – CFR community		Yes (Tick✓)
1	Checks if the scene is safe	
2	Checks whether the patient is responsive	
3	Opens the patient's airway	
4	Checks for breathing (no more than 10 seconds)	
5	Calls out for help/call 112 or 999/ request AED (as appropriate)	
6	Gives 30 chest compressions	
7	Delivers compressions to the correct depth	
8	Delivers compressions at the correct rate	
9	Puts hands in the correct position	
10	Delivers two rescue breaths	
11	Continues cycles of 30 compressions to 2 rescue breaths until AED arrives	
12	Turns on the AED	
13	Clears the patient's chest	
14	Puts the left AED pad on the patient's chest in the correct position	
15	Puts the right AED pad on the patient's chest in the correct position	
16	Ensures operator/bystander safety throughout AED use	
17	Delivers the shock when indicated by the AED	
18	Immediately restarts CPR	
19	Continues cycles of 30 compressions to 2 breaths	
20	Minimal interruptions in compressions	

Instructor notes: Place a ✓ in the box for each step completed successfully. If required, make notes below and provide remediation advice

Instructor name	
Instructor signature	

Assessment Name: Course administration record

Level: FAR

Current Version: V-2 2017

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Emergency Care
Council



Candidate Name:	Assessment Date:	

Assessment	Acceptable skills performance observed during course	Stations assessed during examination
1. Haemorrhage control	<input type="radio"/>	<input type="radio"/>
2. Patient assessment – Pulse and Respiratory Rate & FAST	<input type="radio"/>	<input type="radio"/>
3. Patient assessment – Medical/Cardiac	<input type="radio"/>	<input type="radio"/>
4. Musculoskeletal injuries	<input type="radio"/>	<input type="radio"/>
5. CFR Community – Adult/ Paed. CPR + AED	<input type="radio"/>	<input type="radio"/>