

## FAQs for First Aid Response (FAR) Courses

---

Reference: The [First Aid Response Standard](#) - STN006).

### 1. What is First Aid Response (FAR)?

First Aid Response or FAR is PHECC's foundation first aid course that trains course participants to provide first aid for a person who becomes suddenly unwell or injured until the arrival of emergency medical services. FAR includes the full Cardiac First Response (CFR) Community standard also.

### 2. Who are first aid responders?

A **first aid responder** may be a healthcare practitioner or a member of the public who has undertaken a First Aid Response course. The **first aid responder** will be taught how to assess and manage patients in accordance with their training in keeping with the PHECC FAR standard and clinical practice guidelines (CPGs).

### 3. What can I expect on a FAR course?

Only PHECC Recognised Institutions (RI), Approved Training Institutions (ATI) can deliver a FAR course. The course should take no less than 18 teaching contact hours (averaging 6 hours per day), but can also be delivered on a modular basis e.g. over successive weekends. It will be delivered by a certified FAR instructor who will lead and guide you through the course. You can expect the course to be delivered by a combination of presentations, demonstrations, and lots of practical sessions. The CFR part of the course takes about 4-5 hours and is video lead. The assessment will be skills based and a short multiple choice question exam designed to reinforce the knowledge and skills learnt on the course.

### 4. Will I get a certificate?

Yes, all successful course participants must be given a joint PHECC/recognised institution (RI) or approved training institution (ATI) FAR card/certificates. The certificate will expire after 2 years when you may recertify.

### 5. Where can I get a replacement certificate?

You should contact the PHECC Recognised Institutions (RI) or Approved Training Institutions (ATI) where you completed the course.

### 6. Where can I access FAR training?

PHECC Recognised Institutions (RI), Approved Training Institutions (ATI) and courses are listed on the PHECC website. Only FAR instructors working with Recognised Institutions (RI) or Approved Training Institutions (ATI) are approved to deliver training and issue joint institution/PHECC FAR certificates.

## 7. How do I become a FAR Instructor?

To be considered eligible for entry to a FAR instructor course you must:

- a) Have a valid FAR or EFR provider certificate or show evidence of PHECC practitioner registration (EMT, P or AP)
- b) Have a valid CFR instructor certificate, note this must be maintained.
- c) Complete a 2-day FAR Instructor course which includes tuition in instructional methods and a period of supervised teaching practice. The period of supervised teaching practice is not specified and may be extended until the specific learning outcomes are achieved. The typical pathway is to assist on the first course, part teach the second and deliver a third independently while being monitored.

## 8. Who can teach a FAR course?

A FAR (and CFR) Instructor is the minimum qualification to teach FAR courses. Persons with an EFR instructor certificate, assistant tutors, tutors, and facilitators are clinically higher levels and are permitted to teach FAR but they must also have a CFR Instructor certificate.

**PHECC has several instructor levels and educational awards that can teach FAR. The following summary is a guide:**

- Holder of FAR Instructor certification and separate CFR Instructor certificate - Yes
- Holder of FAR and CFR Instructor certification – Yes
- Holder of EFR Instructor certification and separate CFR Instructor certificate - Yes
- Holder of assistant tutor, tutor and facilitator awards and separate CFR Advanced Instructor certification - Yes
- Holder of FAR Instructor certification alone- **No**

Note that some Instructors may wish to undertake recertification in both instructor courses separately and will therefore hold a FAR instructor certificate and a CFR Instructor certificate. However, the dual 'FAR and CFR' certificate was designed to permit an individual to combine their CFR and FAR instructor certification.

## 9. As a FAR Instructor, what are my options for delivering training?

A FAR Instructor has two options to deliver PHECC approved training and certification:

- Join an existing recognised institution (RI) or approved training institution (ATI) as a member of their faculty
- Apply to PHECC for recognition of institution and course approval for the FAR course.

## 10. How do I apply for PHECC Recognised institution or Approved Training Institution status?

Full information can be accessed via this [link](#) to the PHECC website.